

Join us for a transformative journey of self-discovery and inner reflection



Immerse yourself in a peaceful, natural setting surrounded by lush vegetation and a tranquil lagoon



Cultivate mindfulness and connect with your true self through daily meditation practices and group sessions



Enjoy delicious, healthy meals made from fresh, locally sourced ingredients



Choose from a range of comfortable accommodations to suit your needs



Explore the beautiful coastal town of Watamu during your free time



Gain a deeper understanding of yourself and the world around you, and equip yourself with tools to navigate your life with greater ease and clarity



Connect with like-minded individuals and form meaningful relationships

RETREAT WATAMU KENYA

Date: 13- 25 Nov 2023

Location: Watamu Dunes - Watamu - Kenya

Please register at

<https://liliannjoki.com/meditation/retreat/>

BOOK NOW

12 nights/ person

€ 3'300

13-25 November 2023 - Watamu

Personal Development & Meditation

